



## Sails Café Menu

### OPEN GRILLS (White or Wholemeal)

Sourdough	add \$1.00
Tomato & cheese	\$7.00
Ham, pineapple & cheese	\$8.00
Chicken, avocado & cheese	\$9.00
Extras: tomato, pineapple, ham	\$2 each
Chicken, avocado	\$3 each

### TOASTIES

Ham, cheese & tomato	\$5.50
Chicken, cheese & mayo	\$5.50
Egg, lettuce & mayo	\$5.50
Salad	\$5.50
Extras: tomato, pineapple, cheese	\$1 each ham \$2
Chicken, avocado	\$3 each
Raisin toast with butter	\$5.00

### TOAST

Choice of Nutella, Vegemite, Peanut Butter or Strawberry Jam	\$5.00
Toast with butter	\$4.00

### DRINKS

#### Hot

Cup \$3.5 Mug \$4.5

Cappuccino, Latte, Flat White, Long Black, Mocha, Espresso, Hot Chocolate, Chai

#### Tea

Cup \$3 Mug \$4

Black, English breakfast, Peppermint, Earl Grey, Green, Camomile

#### Cold

\$6.5

#### Iced

Coffee, Long Black, Mocha, Chocolate

#### Smoothies

Mix Berries, Seasonal

#### Milkshakes

Chocolate, Vanilla, Banana, Strawberry, Caramel

#### Add-ons

Syrup Cup \$0.5 Mug \$1

Hazelnut, Caramel, Vanilla

### Trading Hours

Monday, Tuesday, Sunday

10am - 9pm

Wednesday & Thursday

10am - 10pm

Friday & Saturday

10am - 11pm

### BREAKFAST 10AM TO 5:00PM

**Bacon & Egg Roll** \$7.00

**Canadian Breakfast** \$14.00

2 eggs, bacon, 2 buttermilk pancakes with maple syrup

**Bread choice:** White, Wholemeal or Sourdough

**Eggs your Way** \$8.00

Choice of Scrambled, Poached, Sunny side up on toast

**Eggs Benedict** \$14.00

Poached eggs with Hollandaise sauce, baby spinach, and ham served with toast

**Big Breakfast** \$15.00

2 eggs, bacons, sausage, grilled tomato, mushrooms served with toast

**Omelette** \$14.00

Traditional omelette with your choice of 3 of the following:

Mushroom, baby spinach, cheese, tomato, ham or bacon, served with toast





## STARTERS

<b>Garlic Bread</b>	\$4.50
Garlic butter recipe served on toasted Turkish bread	
<b>Cheese Bread</b>	\$6.50
Garlic butter recipe topped with cheese served on toasted Turkish bread	
<b>Bowl of Fries</b>	\$5.00
<b>Cheesy Fries</b>	\$7.00
Serving of our delicious fries topped with melted cheese	
<b>Add crispy bacon bits</b>	\$2.00
<b>Bowl of Wedges</b>	\$8.00
Served with sour cream & sweet chilli sauce	
<b>Chicken Tenders</b>	\$12.00
Tender strips of chicken lightly crumbed with aioli sauce	

## OFF THE GRILL:

Served with chips

<b>Hamburger</b>	\$10.00
Lean beef patty with lettuce, tomato, beetroot on Turkish bread	
<b>Make it the works:</b> add cheese, egg, bacon for	\$4.00
<b>Steak Sandwich</b>	\$10.00
Grilled steak, lettuce, tomato, beetroot served on Turkish bread	
<b>Make it the works:</b> add cheese, egg, bacon for	\$4.00
<b>Grilled Chicken Burger</b>	\$11.00
Grilled chicken breast, cheese, green slaw, baby spinach, tomato, beetroot, mayo served on Turkish bread	
<b>Sails Chicken Schnitzel Sandwich</b>	\$15.00
Chicken schnitzel, bacon, cheese, green slaw, baby spinach, tomato, beetroot, mayo served on Turkish bread	
<b>Club Sandwich</b>	\$15.00
Grilled chicken breast, bacon, cheese, lettuce, tomato with mayo sandwich between 3 slices of toast	
<b>B.L.T.</b>	\$10.00
Bacon, lettuce & tomato on Turkish bread	
<b>Extra salad</b>	\$2.00

## PIZZA

Garlic & cheese	\$9.00
Ham & pineapple	\$11.00
Vegetarian	\$11.00
BBQ chicken	\$11.00
Supreme	\$11.00
Meat lovers	\$12.00

## KIDS MEALS

Nuggets & Chips	\$8.00
Calamari & Chips	\$8.00
Fish Cocktail & Chips	\$8.00
Cheeseburger & Chips	\$9.00
Spaghetti Bolognese	\$9.00

## PASTA

Spaghetti, Fettuccini or Penne	
<b>Carbonara</b>	\$16.00
Bacon, egg & shallots in a white wine & cream sauce	
<b>Boscaiola</b>	\$16.00
Bacon, mushroom & shallots in a white wine & cream sauce	
<b>Alfredo</b>	\$16.00
Mushroom, baby spinach & shallots in a white wine & cream sauce (V)	
<b>Bolognese</b>	\$16.00
Premium beef mince cooked in a classic tomato sauce	
<b>Beef Lasagne</b>	\$16.00
Served with chips	
<b>Vegetarian Lasagne</b>	\$16.00
Served with chips (V)	

## SALADS

<b>Caesar Salad</b>	\$12.00
Cos lettuce, crispy bacon, parmesan cheese, egg and garlic croutons tossed	
<b>Add grilled chicken</b>	\$4.00
<b>Chicken and Avocado Garden Salad</b>	\$14.00
Mixed salad, tomatoes, cucumber, carrot, red cabbage, avocado and garlic croutons tossed in ranch dressing	

## PANCAKES

<b>Traditional Pancakes</b>	\$9.00
2 buttermilk pancakes, ice-cream, whipped cream, butter & maple syrup	
<b>Lemon &amp; Sugar Pancakes</b>	\$9.00
2 pancakes, lemon, raw sugar, ice-cream & whipped cream	
<b>Blueberry Pancakes</b>	\$11.00
2 buttermilk pancakes, warm blueberry with sauce, ice-cream & whipped cream	
<b>Nutella Pancakes</b>	\$9.00
2 buttermilk pancakes, warm Nutella, ice-cream & whipped cream	